Family Manifesto 2018

The 2018 OLLI class on the “Changing American Family” created the following Manifesto for American Couples and Families in the 21st Century.

- Give more than you are getting
- Do your best to achieve and maintain financial stability
- Avoid major religious conflicts
- Get pre-marriage counseling
- Know the background and belief system of your partner
- Don't expect the “perfect” relationship
- Seek counseling in times of conflict
- Seek a partner with similar values and educational achievement
- Support each other’s goals—both short and long term
- Establish workable boundaries between yourself and family
- Wait to have children until you are psychologically and emotionally ready.
- Maintain open and honest communication and trust, and role model this state for others in your family and among your friends.
- Maintain a sense of humor, especially in times of stress.

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